



Liberty Men's Track Listed No. 21

April 16, 2008

The Liberty men's track & field team remains in the top 25 of the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) rankings, released earlier today. The Flames sit in the No. 21 spot, entering this weekend's Big South Conference Outdoor Track & Field Championships.

The Flames, who were listed No. 14 last week, will attempt to defend their Big South outdoor title at the three-day meet, which begins tomorrow at Winthrop's Irwin Belk Track Complex. They will have to do so without senior Josh McDougal (Peru, N.Y.), who made his first contribution to Liberty's national ranking this week.

McDougal is No. 30 on the national men's 1,500-meter performance list, after clocking a 3:45.60 at Lynchburg College last Saturday. The Empire State native will run his first 5K of the season, late Friday evening at the Mt. Sac Relays in Walnut, Calif. Last season, McDougal became the fifth-fastest collegiate 5K runner of all-time, after posting a 13:20.43 at Mt. Sac.

Liberty's team ranking was significantly aided by a pair of seniors who reside in the top 10 nationally in their respective events. Brandon Hoskins (Garden City, Texas) is listed second in the decathlon with a top score of 7,800 points. Fellow Texas Clendon Henderson (Meadow, Texas) is currently second in the discus throw, at 204-3, and ninth in the shot put, with a top heave of 61-3.

Texas A&M retained its No. 1 ranking for the second-consecutive week. The Aggies were followed by LSU at No. 2 and UCLA at No. 3.



Freshman Kolby Shepherd has qualified for the NCAA East Regional Championships in the pole vault and is favored to claim the Big South title this weekend.